

SECTION .2800 - ACTIVITIES, RECREATION AND SOCIAL SERVICES

10A NCAC 13D .2801 ACTIVITY SERVICES

- (a) The facility shall provide a program of activities that is ongoing and in accordance with the comprehensive assessment, and that promotes physical, mental, and psychosocial well-being, of each patient.
- (b) The activities program must be directed by an activity director who meets the following qualifications:
- (1) An activity director hired after August 1, 2026 shall meet a minimum educational requirement by being a high school graduate or certified under the GED Program.
 - (2) An activity director hired after August 1, 2026 shall complete, within nine months of employment or assignment to this position, the basic activity course for nursing home activity directors offered by community colleges, universities or other nationally recognized online platforms, that include a minimum of 10 hours of documentation in the course. An activity director shall be exempt from the required basic activity course if one or more of the following applies:
 - (A) the individual is a licensed recreational therapist or eligible for certification as a therapeutic recreation specialist as defined by the North Carolina Recreational Therapy Licensure Act in accordance with G.S. 90C-22;
 - (B) the individual has two years of experience working in programming for an adult recreation or activities program within the last five years, one year of which was full-time in an activities program for patients or residents in a health care or long-term care setting;
 - (C) the individual is a licensed occupational therapist or licensed occupational therapy assistant in accordance with G.S. 90-270.67, Article 18D;
 - (D) the individual is certified as an Activity Professional by the National Certification Council for Activity Professionals; or
 - (E) the required basic activity course was completed prior to August 1, 2026.

History Note: Authority G.S. 131E-104; 143B-165(10); 42 C.F.R. 483.15(f);
RRC objection due to lack of statutory authority Eff. July 13, 1995;
Eff. January 1, 1996;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. March 22, 2015;
Amended Eff. August 1, 2026.